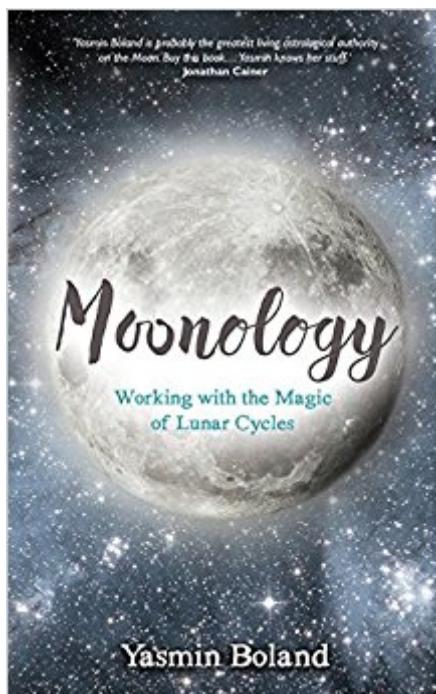


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Moonology: Working With The Magic Of Lunar Cycles



Synopsis

Did you know the cycles of the moon have a huge effect on our health, our mood, our relationships, and our work? By understanding these phases, we can work with them to improve and empower every aspect of our lives. InMoonology, world-renowned astrologist Yasmin Boland unveils: -why connecting with the moon can change your life for the better -powerful rituals and ceremonies for each moon phase -how the moon connects us to nature and the cosmos -how to work out where the moon is in each cycle -international New Moon and Full Moon dates for the next 10 years You will also learn affirmations, visualizations, and chants to use during each phase of the moon, and will discover the role of Angels, Goddesses, and Ascended Masters during the New and Full Moons. This is a book for all those wishing to deepen their connection with nature and take their spiritual practice to a new level. Â

Book Information

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Customer Reviews

Moon-loving astrologer Yasmin Boland is read by millions of people each week through her newspaper, magazine, and internet columns. She writes for Red, Closer and Good Health, among others, and is the author of several books, including Angel Astrology 101, (co-authored with Doreen Virtue) which reached number 1 on the .com astrology best-sellers charts. www.moonology.com Â

I have a love hate relationship with this book. I love the content which includes such aspects as an

essential oil, mantra, meditation, dos and don'ts, and more for every House. There's meat for each New Moon and every Full Moon too. She included five appendices of information that I feel should have been introduced where appropriate throughout the book and leave the appendices for reference rather than key material. Being relatively green to astrology and to the changes and impact of the moon, I have a lot to learn. I dived into the book, highlighted A LOT, and inserted colored paperclips to mark key pages. I was psyched by Yasmin's material and planned to use the book to meditate through the lunar cycles this year (which I believe is Yasmin's intent for the reader too), but what I thought was a simply goal is DIFFICULT using her book. One "problem" is that Yasmin introduces the Rising Sign which is a more in-depth (and appropriate - my words) representation of yourself than the Sun Sign. But, as you work to understand all the material in the book, many times it isn't clear which sign to use. This is key because if you're able to use Yasmin's book as I believe she expected it to be used then it will be a personal experience based on your birth date, time, and location. Yasmin references her moonology.com site A LOT. She recommended that you go there to learn this and that. Problem is that many things cost money, AND things have obviously moved since she wrote the book so some URLs are incorrect. Lastly, although the book is bursting with information I find it simply too difficult to follow easily. Minimally, it needs an index, perhaps additional appendices with the key charts (e.g., Finding your rising sign), consistent information on which sign to start with (i.e., sun or rising), an additional chapter that ties it all together, and enough information that I don't need to go to moonology.com and other astrological sites unless perhaps I want to know the sign for the day. Yasmin needs to decide whether Moonology is meant to be a standalone book or a hook for readers to join her site and pay for things. I'm tossed about whether I will buy her Astrology book. If it's like Moonology I will need the internet and many hours of study to grasp the points.

WOW! So, I got this just in time for the July Full Moon, and I gathered my tribe and really got into the Full Moon section, and wholly wow! Yasmin has taken something that can be so overwhelming, and made it so comprehensive and beautiful, and empowering- all at the same time. Then, I did a virtual gathering with my tribe for the New Moon, and Yasmin has an entire part of the book on all things new moon, and again! Everyone got so much out of it. I really felt safe with this book, I ordered 2 additional ones for sisters. With sacred gratitude and lunar love... JB

This is a great book. Easy reading and very informative.

Best if you have a good grasp on Astrology. Glad I got it, but it's very in depth about the moon and its cycles. I'll enjoy and understand it better as I get better in my astrology studies

I seriously love this book! A great start to the introduction of Full + New Moon rituals. Could be tailored in some ways, but I seriously learned a lot. Definitely recommend.

Really interesting book on moon phases. I find it very positive

I continue to love this little and encompassing guide to the moon every time I use it! While I do believe this is a beginners hand-guide, the author really lays a great foundation on how to celebrate the phases of the moon, what powers the moon holds within each of the Zodiac's and how to work with them to grow your life! Simple, easy, knowledgeable and magically intent-full, I recommend this Moon Praising Guide to anyone interested!

The moon has always intrigued me and this is a great addition to information on the moon and the cycles how to follow and what they mean

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